

## **Ellington Volunteers**

## for community emergency preparedness training.

**Objective:** To train Ellington residents and local businesses how to be prepared in the event of a disaster; how to help yourself; how to help your neighbor's and how to help your community when a disaster happens while working with or being a part of The Ellington **C**ommunity **E**mergency **R**esponse **T**eam **(C.E.R.T.).** There will be free local training provided and a monthly 1-hour meeting to maintain mechanical skills and update procedures.

- All are welcome and encouraged to volunteer.
- Training will include such things as:
  - ➤ basic first aid
  - working with local Certified Emergency First Responders
  - putting out small fires
  - maintain a person's airway
  - > stop/control bleeding
  - > search for and rescue victims safely.
- Optional courses are made available to those who wish to pursue further training such as C.P.R. training, working with person with disabilities, emergency shelter operations and HAM radio classes.

For more information, please e-mail John Streiber <u>istreiber@ellington-ct.gov</u> or call (860) 870-3182 or (860) 918-3112. Please leave a message and your call will be returned.

The above listed training is supported by the State of Connecticut D.E.M.H.S. and F.E.M.A. and is not to replace the Certified First Responders, but C.E.R.T. may be called upon to act in the event of a disaster or to aid during an urgency.

Check out these web sites for additional information

http://www.citizencorps.gov/cert/
http://www.ct.gov/demhs/site/default.asp
Then click on: CT CITIZEN CORPS PROGRAM
http://www.ready.gov/citizen-corps